



presents

The Reykjavik Marathon

A Long Weekend in Iceland for Runners and Spectators

August 18 - 22, 2016



Thursday, August 18th

Departure for Reykjavik

Today we have a late evening departure and overnight flight from Boston's Logan airport via Iceland Air's direct non-stop service to Reykjavik. Other gateways are available, by request. Flight supplement from other airports may apply.

Friday, August 19th

Tufts Arrival in Iceland

Early morning arrival in Iceland; we will be met at the airport and escorted to our hotel in Reykjavik, where a sumptuous breakfast buffet awaits us. This morning we will tour Reykjavik for an introduction to Europe's smallest capital city! Included are the Old Town, the shopping districts, the Parliament, Hofdi House, Hallgrim's Church, and much more! We will return to our hotel for rest and unpacking. Before dinner, we will meet with Discover Europe's Tufts representative who will share information on the format of the marathon and the cultural events hosted by the city. Runners should use the following website to pre-register for the marathon - www.marathon.is/reykjavik-marathon. Registrations will begin in January 2015, and the entry fee varies depending on the time of registration. **Early registration is highly recommended and runners are responsible for completing the marathon registration process.** This evening we will meet for a pasta dinner at the hotel. (B, D)

Saturday, August 20th

Marathon Day

The day of the marathon! Today is a day to embrace the spirit of the race – for marathoners and spectators alike. We will have free time to check out the Cultural Activities, starting at 2 pm, and a great way to experience the culture, arts and ambiance that defines the Icelandic way. Activities; including guided tours, exhibitions, and shows are sponsored by the city. As well, many of the churches, ateliers, shops, and cafes, are open until late at night. Public transportation is free as the city is closed to other vehicular transportation. The day concludes with a fireworks display at the Old Harbor, which we will be able to view in comfort from the top floor restaurant of our hotel while we enjoy a fabulous dinner. (B, D)

Sunday, August 21st

Golden Circle Tour & Tufts Reception

After breakfast, we will capture the essence of Iceland, and begin a full day guided Golden Circle tour. We will leave our hotel by motorcoach and periodically disembark to walk to a number of stunning natural wonders. We will see the thrilling hot spring Strokkur, shoot a high column of water every 4-8 minutes; visit the magnificent Gullfoss (Golden Falls) waterfall; walk over to the historical and geological wonder- Þingvellir National Park, where the American and Eurasian tectonic plates are pulling apart at the rate of a few centimeters per year. Additionally we will stop at the Friðheimar greenhouse cultivation centre, to see pesticide-free tomatoes and cucumbers grown with the aid of the geothermal heat that is abundant in Iceland. We'll pass close by the Eyjafjallajökull Volcano, which erupted in 2010. Upon return we will have time to freshen up and meet for an informal one hour reception hosted by Tufts Travel-Learn Program. The remainder of the evening is free to independently explore the city, and sample a local restaurant. (B)

Monday, August 22nd

Blue Lagoon Visit & Departure for the Airport

After an early breakfast we will board our motorcoach for a brief guided tour and drive through the exotic moonlike Reykjanes peninsula, and then on to the renowned Blue Lagoon, mineral-rich warm water in a lava field. Facilities to shower and change are available at the site before our transfer to the airport for our return flights. (B)

Key to included meals: B = Breakfast, L = Lunch, D = Dinner

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